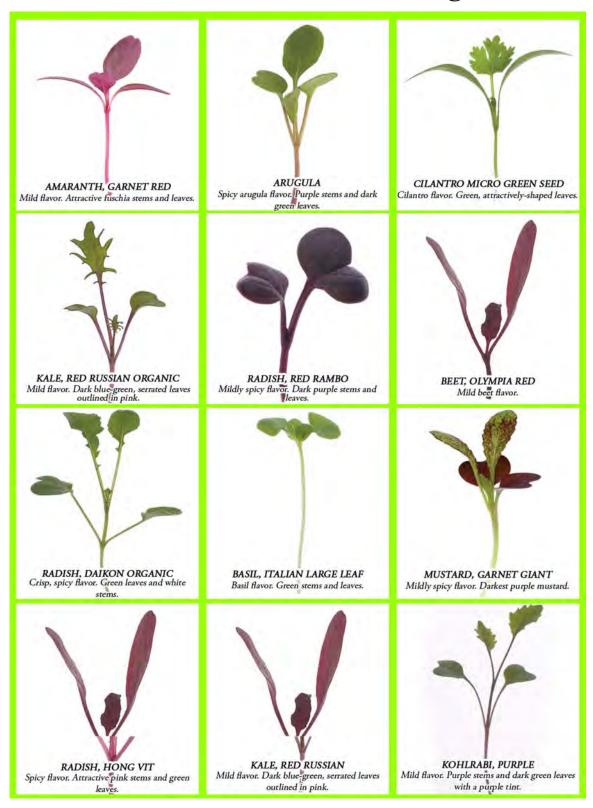
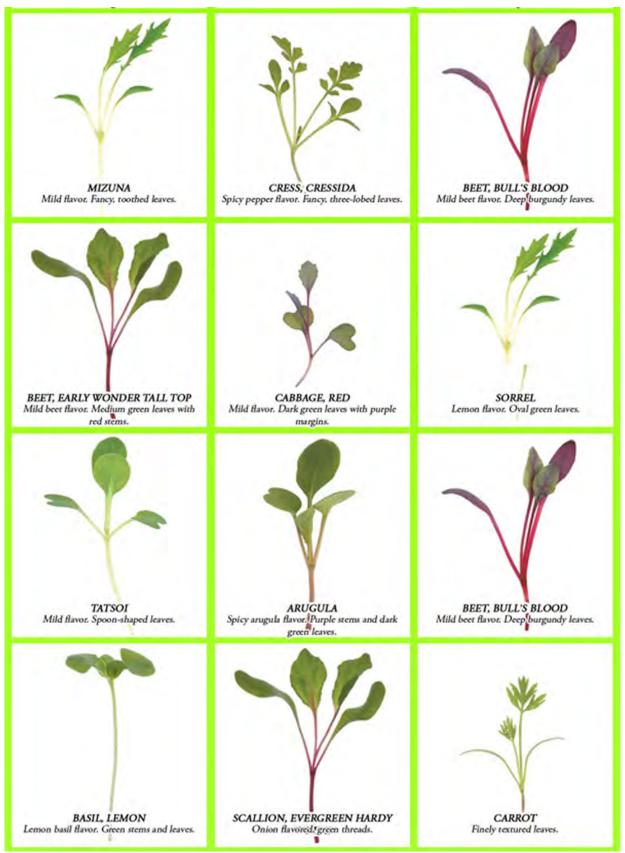
Your Visual Guide to Microgreens

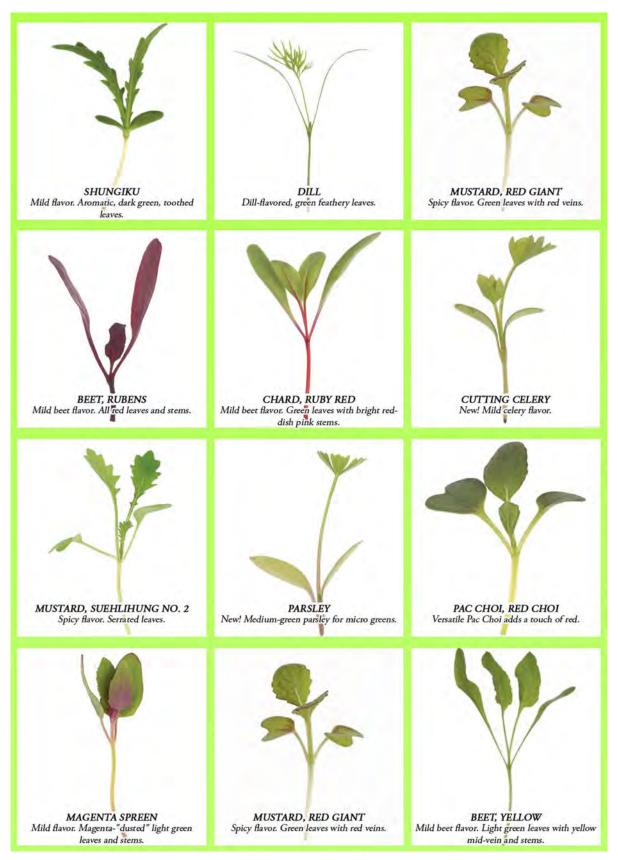




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Growing Times

Note: Germination and Growth times are similar for all microgreens within a species, for example, Daikon Radishes and Hong Vit Radishes tend to be similar in terms of when they will be ready for harvest. Same is true of all the beets, all the basils, etc. So general guidelines follow based on my experience with many of these. (Those that will require some trial batches to determine growing times for your conditions are marked as "not known")

Amaranth - 14-21 days, depends on temperature Arugula - 12-14 days Basil - 20-25 days Burnet- not known Cabbage - 12-14 days Carrot - not known Celery - not known Chard - 20-25 days Chervil - not known Cilantro - 21-28 days Collard - 12-14 days Cress - not known Dill - 28- 35 days Fennel - 21-28 days Hon Tsai Tai - not known Kale - 12-14 days Kohlrabi - 12-14 days Komatsuna - not known Lemon Balm - not known Mizuna - 12-14 days Mustard - 12-14 days Orach - not known Pac Choi - 12-14 days Purslane - not known Radish - 11-14 days Saltwort - not known Scallion – not known Shiso - not known Shungiku - not known Sorrel - not known Spreen – not known Tat Soi - 12-14